

How Healthy is your Club?

A club is made up of different elements. All interact to ensure a healthy club that provides for the needs of its members.

The following questions give you an idea of the state of your club. It should only take 10 minutes to go through and makes a good starting point for club development.

This isn't fully comprehensive, or ideal for every club, but it gives you something to give an indication of where you are with things. Answer each question as honestly as possible, its about where you are now, which will help you achieve where you want to get to. Everyone has to start somewhere.

Please rate the following questions from 1 to 5 with 1 being the lowest and 5 being the highest relating to achievement:

Senior Activity

Question:	Score:
Do you provide regular coaching activity for all senior touch players?	
Do all senior members get the opportunity to play in competition regularly?	
Do you involve all members in fundraising activity?	
Do you advertise for new senior members anywhere or run recruitment events?	
Are your members aware of all the activities available? (playing, coaching, refereeing, volunteering, social)	
Total score for Senior Activity	



Junior Activity

Question:	Score:
Is a specific member of the club responsible for the junior section or youth development?	
Do you provide regular specific junior coaching sessions run by qualified coaches?	
Does the club link with any schools to promote touch – do school children move from the school to the club?	
Does the organisation provide competitive opportunities for young people to play?	
Have coaches and others who work with children attended child protection workshops/training? Are they PVG registered with STA/CRBS?	
Does the club involve parents in a range of ways?	
Does the club have First Aid equipment available at all junior activity?	
Is someone trained to administer First Aid within your Junior Section?	
Are training times appropriate for young people?	
Do you collect information about medical conditions and injuries and emergency contact information for parents/guardians?	
Total score for Junior Activity	

Coaching

Question:	Score:
Do you encourage members to take coaching courses?	
Do you offer financial support for coaches wishing to do courses?	
Do you look to or support previous players/volunteers/parents to become coaches?	
Do you develop a coaching plan for the season for each group?	
Is there a coaching pathway within the club?	



Do you offer coach mentoring within the club?	
Do you work with your RA for support on these issues on an area basis/work with other clubs?	
Total score for Coaching activity	

Social

Question:	Score:
Do you run social activities that cater for your members needs?	
Do you organise junior specific social activities?	
Total score for Social activity	

Refereeing

Question:	Score:
Do you encourage players to become referees?	
Do you run "Craft Nights" to train club members and parents/volunteers to become referees?	
Do you incentivise refereeing?	
Do experienced referees mentor less experienced referees within the club/region?	
Are there opportunities for people to do their Touch Refereeing badges?	
Total score for Refereeing activity	



Volunteering

Question:	Score:
Do you have a procedure to actively recruit volunteers, including young volunteers?	
Does the club have a training policy for volunteers?	
Do you reward and or recognise your volunteers?	
Do you pay volunteer expenses?	
Do you have a plan for induction and succession?	
Do you have written role descriptions and responsibilities for all positions?	
Do you have a process of shadowing or mentoring for new volunteers?	
Total score for Volunteering activity	

Finance

Question:	Score:
Does the club have a sponsor?	
Does the club keep an accurate set of accounts?	
Does the club have a sponsorship brochure?	
Do you apply for grants?	
Does the club do fundraising?	
Total score for Finance activity	



Communication

Question:	Score:
Does the club have a website and maintain it regularly?	
Does the club have a Facebook account and twitter which is maintained and regulated?	
Does the club have links to the STA website and Regional website?	
Is the club a member of ClubSport Edinburgh?	
Does the club have a regular newsletter?	
Does the club have a database of members for e-mail and communication?	
Does the club have links with the media and get reports in the local paper? Or work with the Regional Association/STA Marketing Director to develop a strategy?	
Total score for Communication activity	

Facilities and Equipment

Question:	Score:
Does the club have a regular home pitch/venue?	
Does the club have a social base accessible by all its members?	
Does the club provide equipment for coaches?	
Can the club lend equipment to schools/partners for running junior sessions?	
Total score for Facilities and Equipment activity	



Management

Question:	Score:
Does the club have an elected committee structure?	
Does the club present regular accounts to the committee?	
Does the club have a development plan or action plan?	
Is the club a member of the local authority club development scheme?	
Is there a code of conduct for all members of the club? Senior players, Junior Players, Coaches, Referees, Volunteers, Parents and spectators?	
Does the organisation have appropriate policies? Child Protection, Selection, Equity, Volunteering	
Does the club have a range of membership/registration fees that cater for different needs?	
Does the club work with the RA to develop Touch on a regional basis and input to the Regional Action Plan?	
Total score for Management activity	

